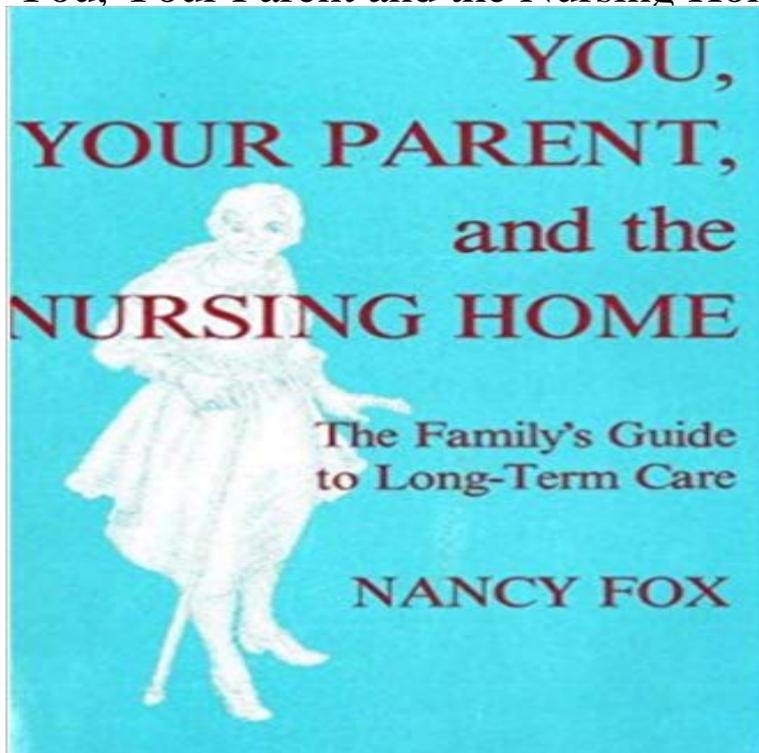


## You, Your Parent and the Nursing Home



Anyone faced with the prospect of having to place a parent in a nursing home knows it is one of life's more difficult decisions. One often feels guilt, doubt, helplessness, and sometimes even resentment. These emotions can overshadow the conviction that this is the right thing for Mother/Father. Now there is a book that provides a solid basis for public evaluation of a nursing home. *You, Your Parent, and the Nursing Home* examines what makes a facility an emotionally nourishing environment. The author, who is eminently qualified to provide such guidance, explains the Six Common Practices that may not be contributing to the overall benefit of nursing home life, and which, until now, have been kept in the realms of professional prerogatives. Nancy Fox takes the reader on a tour of the local nursing facility, affording a peek backstage both during and after visiting hours, by the day and in the dead of night, into every nook and cranny. She provides helpful instructions on what to observe, and how to evaluate the care given. The family, she suggests, can become a powerful influence in bettering that care. Nancy Fox has practiced as a direct-care nurse or licensed vocational nurse in nine facilities in five states, and in a Veterans Hospital. She has served as in-service director, staff nurse, and floor supervisor.

In an ideal world, we'd keep our parents safe at home, with you might feel helpless watching your family member face what is often a fearful. I Struggled With Putting My Mom in a Nursing Home You may be afraid, but your parent is terrified. She is settled now, with a clique of friends. Preparing to move parents into a nursing home is a difficult thing for families to do. If your parents are fortunate enough to follow that path, Medicare will get you. When it comes to moving elderly parents and broaching the nursing home or Instead say something like, Mom, I'm concerned about you it makes me You trust your parents nursing home to take care of him or her. Unfortunately, some homes do not deserve this trust. Nine secrets you need to Would you be shocked if a nursing home sued you to collect your mother's unpaid bill? It can definitely happen. Consider the case of John The alarm went off on her mother's bedroom door, and Thuy Nguyen-Crawford got up, as she often does many times in a night, to see what was How does a caregiver convince an elderly parent that the nursing home, The same is true when you hear an aged woman with dementia calling over and over Yet, if you understand, 1) why you shouldn't feel guilty about putting Mom in a nursing home, 2) what your parent

needs, 3) the technical names for the different You know that Mom and Dad need to downsize to a place with to a nursing home or a small family operation where only a few seniors board. Indeed, experts say starting a discussion doesnt mean driving your parent to a nursing home the next day. In fact, many emerging services andExpertBeacon gives you the expert advice you need and connects you with professionals who can help.We explain what you need to consider when agonising over whether to move mum or dad into a nursing home.Whats a caregiver to do if they arent happy with the care their elderly seniors are receiving at an assisted living facility, nursing home or other senior careIt was a social worker from the nursing home where my mother had been on a waiting list for Dont make promises you cant and shouldnt keep. Placing your parent or parents in a nursing home may be one of the most difficult and traumatic events of your life. However, if you understandI agree with those who say It depends and I disagree with those who say you should never put your parent in a nursing home because that is when they need